

Aiming High Network Meeting
Thursday 28 March 10am – 1pm
Anneli Community Dance Studios, Cheltenham

Accessible Performances at The Everyman Theatre – Jenny and Sally-Ann

The Everyman Theatre has two stages; the Irving Studio and the main auditorium.

- Each customer facing department has an access team representative.
- The theatre has an access leaflet available to the public and information about accessibility is available through the leaflet or online.
- Captioned performances are available; like TV subtitles on screen either side of the stage
- Recently trialled a new type of captioning which sends the captions directly to your phone over Wi-Fi
- BSL performances take place for the pantomime
- Audio description and touch tours are available for blind and visually impaired visitors. These tours include:
 - Accessible access to the stage
 - A chance to touch/feel the props, stage, costumes etc
 - Headsets are provided and descriptions are given of the set and costumes
 - Following the tour, live commentary is provided via a headset
 - A sound enhancement system is used and two types of headset are available
- Relaxed performances are open to all but are slightly adjusted. They are adapted to meet the needs of the audience for example
 - Loud noises are removed
 - Curtains are open at the back
 - House lights are not put out completely
 - Chill out space available out of the auditorium which includes television screens showing the performance
 - Mobiloo in attendance
 - The auditorium isn't filled to capacity
 - A visual story of the relaxed performance process/of your day is available using pictures. Also includes pictures of actors in and out of character and stills of each scene.
 - Actors come out at the beginning of the performance to introduce themselves and say hello
- There is a lot on offer but people still comment that they aren't aware of how much is available for them. Spreading the word through meetings like Aiming High helps

.

Allsorts and Active Impact: Activities and Friendship Survey – Nicole Hastie

Insert details

Glos Assistants – Jennie Goodrum

Jennie provided a tour of the Glos Assistants website which is now live. It has opportunities for posting adverts, searching for PA's or accessing supporting information. Key elements of the website:

- Description of assistance available
- Toolkits for being a PA
- Why become a PA?
- Links to training/employment
- The supporting information provided is informative and covers legal guidelines
- Easy to use
- If you are looking for a PA select 'Submit and Advert'
- TIP: ensure you include hobbies and interests so lifestyle/interests can be matched
- If you are a PA looking for work select 'Submit a Profile'

Visit www.glosassistants.org.uk to find out more

Art and Leisure Inclusion update – Philip Douch and Nicole Hastie

Inclusion Needs You

- Booking is now open for the next FREE Inclusion Needs You training course. Open to anyone working with children and young people. Up to three members of any one organisation may attend. Contact training@activeimpact.org.uk for more information and to book your place.

Bespoke training

Inclusive Award

Of Course We Can – Caroline Eardley

- Short breaks programme run by Active Impact with ten local partners. Activities for disabled and non-disabled young people to enjoy together. New brochure is out now – can be accessed at www.activeimpact.org.uk. There will be a short breaks tent at the Big Health Check Day on Wednesday 22 May. If anyone would like to run an activity in the tent on the day please let Active Impact know. It's an opportunity to promote short breaks so any activities that are inclusive (whether after school, weekends or regular activities) would be very welcome.

Post 16 community engagement research – Philip Douch

- Are you interested in how disabled young people can be supported post-16 to become truly engaged in their communities? Philip Douch is leading a piece of research on how education and training providers could build this into their

curriculum. Email Philip if you would like to read the full paper at philip@activeimpact.org.uk

Consultancy/Short term project work – Philip Douch

- Are you looking for an experienced consultant? Contact Philip, who has stood down as Active Impact's Chief Executive and changed his role, who is offering inclusion training and support to organisations with new projects. Email Philip on philip@activeimpact.org.uk.

Information, Requests and Offers minute

- Art Shape work across the County offering creative and arts experiences. They have recently run an Inclusive Arts Leadership course with those participating achieving Employability and Leadership Level 3. These are individuals working in the arts, emerging as leaders promoting inclusive practice and celebrating social diversity.
- Active Gloucestershire offer a loan scheme for sports equipment which includes items for Boccia and New Age Cricket. After the loan period, Active Gloucestershire can help to signpost you for funding for permanent equipment.
- Cotswold Wheelchair Dance are now running accessible and inclusive classes for adults and children but are also looking for new venues to host Gloucestershire classes. Contact info@westoxwheelchairdance.co.uk for more information.
- Boccia Busters is a community based boccia club which is now offering a 10 week trial starting Tuesday 30 April at Leisure@ Cheltenham from 3:30 - 5pm. It is accessible to all and you can [find out more here](#)
- Gloucestershire Wheels for All hold family cycles at Pedalabikeaway in the Forest of Dean on selected dates during the school holidays. Adapted bikes are available to hire and you can also bring your own to enable the whole family to cycle part of the trail together.
- The 11th Big Health Check Day is happening on Wednesday 22 May at Oxstalls Sports Park in Gloucester. There will be 120 stalls and 12 adapted sports under one roof. Please share social media posts about the event and use #BigHealth19
- If you, or someone you know is interested in drama, there are opportunities to get involved with Inclusion Gloucestershire's Dramatic Change film and theatre project. For more information visit [Inclusion Gloucestershire](#)
- The Gloucestershire Disability Fund provides grants to people with disabilities of all ages as well as financial support to not-for-profit organisations/groups and community groups working to enhance the lives of people living with a physical, sensory or learning disability in Gloucestershire. [Find out more here.](#)
- Goals beyond Grass run competitive and recreational powerchair football clubs and have recently set up a new club at Dene Magna School. Taking place in term time, you can access five free sessions on this accessible and inclusive activity. Contact info@goalsbeyondgrass.co.uk

- Hannah Brown from GCC is happy to promote activities so please do send flyers or information through to her. They will be distributed to colleagues for mainstream schools in Gloucestershire. Contact Hannah.brown@gloucestershire.gov.uk
- Anneli Community Dance School have a multi studio premises in Cheltenham and are striving to be create a more inclusive space for everyone. If you would like to use one of the studios or hire the space, contact dance@annelidance.co.uk

Next meeting date – Nicole Hastie

Insert details