

Aiming High Network Meeting – Sharing Session

31 March 2021

Lee Holder – The Music Works

The Music Works are in the process of building a new music hub in Gloucester overlooking Kings Square opening in July. It will be a fully accessible hub with a sensory space and we are working to use 3D printing to create musical instruments for disabled young people. There will be open days taking place in the Summer and the possibility of bookings from September.

Marie Owen – The Chamwell Centre

The Chamwell Centre is now completed. It is a centre for people with all kinds of additional needs in Gloucestershire. It includes a hydrotherapy pool with changing area and changing places bathroom. We have a rebound therapy suite, accessible interactive climbing wall and a three storey, fully accessible soft play area. We have a cafe which will be staffed by young people with additional needs completing apprenticeships. We have a multi-use area for groups and activities.

We run a running club using race runners for people who are unable to walk independently. We are also going to be providing short breaks in 2021 so keep checking in with us to stay up to date with how we are building up our services.

Zaphira – Miniature Music

Miniature Music is still on line for early years. It's completely accessible but there are no face-to-face opportunities at the moment. A lot of places aren't accepting bookings from external providers until the Summer or September.

Chris Davis – Active Gloucestershire

If you are passionate about inspiring other people to be active check out wecanmove.net/
As we emerge from this pandemic, those people who have found it challenging to stay active, may potentially need support to do that. At wecanmove.net/ you will find information about networks you can join, tools and resources and case studies. There may be something you want to do in your local community as an individual. You don't have to be a provider so please visit the website to find out more.

Contact: chrisdavis@activegloucestershire.org and 01452 393611

MaryClare – Gloucestershire Wheels for All

We are delighted that we have been able to keep our sessions going at the Blackbridge Athletics Track in Gloucester on Tuesday and Thursday 10.30 to 4.30 and Sunday afternoons. We have inclusive cycling available for people of all ages. It is a fantastic place to cycle so please come along.

Katharine - Spiral Dance Studio

Inclusive dance in Cirencester. Of the dance schools in Cirencester, Spiral Dance's USP is their inclusive offer. They welcome all ages and abilities to the dance school.

Contact: hello@spiraldancestudio.co.uk or 07885800942

Website: www.spiraldancestudio.co.uk

Spiral Dance Studio - Cirencester on Facebook and Instagram

Dee – Allsorts

We have running digital sessions throughout the pandemic but are now opening up some face to face sessions. Short breaks have been running throughout and continue to take place. Parent and toddler groups and grandparent groups are also retuning.

Leanne – Freelance Swim Tutor

I am a freelance swim tutor. I offer swimming tuition at a number of locations. I specialise in swimming for disabled people including those with autism. I am a qualified to teach the disability swim course to other swim tutors and I work with other swim schools to try to improve their inclusive practice.

Amy and Sammy – Forest Pulse

Forest Pulse is a special needs charity in the Forest of Dean for children and young people. We run after school and weekend activities for those up to the age of 25 who live or attend school in the Forest of Dean. We have completed a lot of online sessions. Some will stay online but our face to face activities are reopening now in line with the guidelines.

Darren – Longlevens Mixed Ability Rugby

I am the lead coach of Longlevens Mixed Ability Rugby. I work with The Wooden Spoon charity and a number of SEN schools. We are currently looking at options for summer camps. I work with the RFU on family fun sessions which are due to resume shortly. I have identified a gap in pre-school (I run Rugby Tots too) and the aspiration is to create a rugby pathway from pre-school through to adults.