

Aiming High Network Meeting – Sharing Session

15 December 2020

Carrie Roet – Into Nature CIC

Carrie and colleague Britta are Forest School trained and believe passionately in the value of regular access to nature using this model.

“During lockdown we have seen increased interest and diversity of people wanting to come the sessions we offer. My colleague has been running a sport group during lockdown. We currently run parent attending preschool home ed groups, women’s days and story days alongside an eco-therapist from our woodland site between Stroud and Cirencester. We are looking for local organisations to partner with to run a regular, accessible and inclusive sessions - either to establish new groups or to make our existing sessions more accessible and inclusive.”

Gemma Hall – Inspire to Aspire

Inspire to Aspire are a youth organisation with clubs taking place in Cotswolds (from January) and Cricklade.

Contact: Gemma.hall@inspiretoaspire.club and 07768875377 (office hours)

Chris Davis – Active Gloucestershire

wecanmove.net encourages more people to live a more active life. There are opportunities to be a Change Maker, helping others more active. <https://wecanmove.net/>

Contact: chrisdavis@activegloucestershire.org and 01452 393611

Tom – Camp Hillcrest

Holiday and Educational inclusive skate park in the Forest of Dean. Offering residentials including inclusive coaching. Education centre and skateboard camps available. Current focus is improving the toilet and shower to make it more accessible.

Contact: info@camphillcrest.co.uk

Website: www.camphillcrest.co.uk

A link to a radio programme when BBC radio 4 visited one of residential skate camps.

<https://www.bbc.co.uk/programmes/m000cl6r>

Katharine - Spiral Dance Studio

Inclusive dance in Cirencester. Of the dance schools in Cirencester, Spiral Dance's USP is their inclusive offer. They welcome all ages and abilities to the dance school.

Contact: hello@spiraldancestudio.co.uk or 07885800942

Website: www.spiraldancestudio.co.uk

Spiral Dance Studio - Cirencester on Facebook and Instagram

Rich Steward - Diverse Sports UK

Contact: richard@diversesportsuk.com or 07842835178

Please search Diverse Sports UK on facebook, twitter, instagaram

Annelize – One Fit Mama

Fitness for mums in Gloucestershire. New studio coming soon. Offering six weeks free for those mums with postnatal depression.

Zaphira – Miniature Music

Miniature Music has moved online and is in the process of changing to a CIC. An online music subscription is available.

Useful links:

Glos Funders <https://glosfunders.org/>

Let's Be Clear Fund <https://www.letsbeclearcampaign.org/lets-be-clear-fund/>

Accessible resources on the Let's Be Clear website

<https://www.letsbeclearcampaign.org/help-with-accessible-resources/>